



NUTRIENT-DENSE PRODUCT CATALOGUE

Quality ingredients for
nutrient-dense meals



Your partner
in food since 1902



TURNING POTENTIAL INTO NUTRITIOUS PLATES

An essential guide by Lupa Foods

Our 6 steps provide a blueprint to help manufacturers improve current portion architecture & create meals that are **packed with nutrients**.

6 STEPS TO BUILDING NUTRIENT-DENSE MEALS



Step 1 Choose Your Protein Anchor

Start with a protein anchor that delivers meaningful protein per serving, then build the meal around it.



Step 2 Select Your Carb Base

Upgrade the base to improve fibre & protein density without changing how consumers eat the dish.



Step 3 Add Fibre & Satiety Boosters

Build fibre architecture naturally through whole ingredients, not isolated fortification.



Step 4 Build Volume Without Calories

Add a tomato system to deliver volume, colour and flavour at very low calorie cost.



Step 5 Compress Flavour

Flavour density is the difference between a smaller meal that feels premium and one that feels 'diet'.



Step 6 Balance Sweetness

Reduce sugar through smart formulation, not artificial sweeteners.

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PROTEIN ANCHORS

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
XFIK04	Precooked Chickpea Instant Flour 25kg	Bakery	21,77	17,52	333	5
165-749	Pork Cooked Shredded Plain 2x5kg	Meat & Fish	15,3	0	173	5
FISH440	Scottish Salmon Canned 4.4kg	Meat & Fish	23,4	0,5	148	5
IDGLT25	Green Lentils 25kg	Pulses				
IDRLT25	Red Split Lentils 25kg	Pulses				
IDYSPP25	Yellow Split Peas (25kg)	Pulses	20,8	14,8	295	5
VBUWDI15	Butter Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VCABDI15	Cannellini Beans BR 6x2.5kg (1.7kg NDW)	Pulses				
VCAWDI15	Cannellini Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VQFW36DW	Cannellini Beans in Water 6x2.6kg (1.7kg NDW)	Pulses	6	4,8	89	5
VQQW36B	Butter Beans in Water 6x2.6kg (1.7kg NDW)	Pulses				
VCPWDI15	Chickpeas in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VQKW36DW	Chickpeas in Water (No Salt) 6x2.6kg (1.7kg NDW)	Pulses	7,1	6,4	156	5
158-10024	Black Turtle Beans 25kg	Pulses	21,6	15,5	341	5
158-10099	Canadian Pinto Beans (40x25kg)	Pulses				
PULS077	Red Kidney Beans in Water 6x3kg	Pulses				
VBEDWI15	Black Eye Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				



Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
VBLWDI15	Black Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VBOWDI15	Borlotti Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VPIWDI15	Pinto Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VPRW36DW	White Haricot Beans in Water 6x2.6kg (1.7kg NDW)	Pulses	7,5	5	105	5
VQCW36B	Borlotti Beans in Water (No Salt) 6x2.6kg (1.7kg NDW)	Pulses				
VQCW36DW	Borlotti Beans in Water 6x2.6kg (1.7kg NDW)	Pulses	6,7	5,5	106	5
VQNW36DW	Red Kidney Beans (No Salt) 6x2.6kg (1.7kg NDW)	Pulses	5,4	5,4	98	5
VQPW36DW	Pinto Beans in Water (No Salt) 6x2.6kg (1.7kg NDW)	Pulses	7	5,5	127	5
VQVW36DW	Black Beans in Water (No Salt) 6x2.6kg (1.7kg NDW)	Pulses	6	6,9	107	5
VQZW36DW	Black Eye Beans in Water 6x2.6kg (1.7kg NDW)	Pulses	8,1	3,6	113	5
VRKWDI15	Red Kidney Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VWHBDI15	White Haricot Beans BR 6x2.5kg (1.7kg NDW)	Pulses				
VWHWDI15	White Haricot Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				



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CARB BASES

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
13-825018	Round White Rice (Italy) 25kg (A2)	Rice	7,2	1,2	350	4
13-825057	Parboiled Long Grain	Rice	7,2	4,7	339	4
148-SMC25	Couscous Standard 25kg	Grains	13	4,5	351	4
158-10031	Bulgar Wheat Medium 25kg	Grains	12,3	12,5	342	5
172-102103A	Pearled Barley 20kg	Grains	8,2	11,4	326	5
180-102000.101	Hulled Buckwheat 25kg	Grains	13,3	6,32	340	5
DRYG831	Superior Couscous 25kg	Grains	15	4,5	360	5
IDPBS25	Pearled Barley 25KG	Grains				
RIAM25	Arborio Rice (Superfine) (Italy) 25kg T1	Rice				
RIASIM25	White Araldo Sushi Rice (Italy) 25kg T1	Rice				
RIBPSB25	Parboiled LG Brown Rice (NO EU) 25kg	Rice	6,7	1,9	357	4
RICIM25	Canaroli Rice (Italy) 25kg T1	Rice				
RICRARB	Arborio Rice (Superfine) (Italy) 25kg	Rice				
RICRARI	Parboiled Risotto Rice (Ribe) (Italy) 25kg	Rice				
RICRCAR	Canaroli Rice (Italy) 25kg	Rice				
RICREBROW	Parboiled LG Brown Rice (Italy) 25kg	Rice				
RICRECOOK	Parboiled LG White Rice (Italy) 25kg	Rice				



Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
RICRNERONE	Nerone Black Rice (Italy) 25kg	Rice				
RICRWIM25	Round White Rice (Italy) 25kg T1	Rice				
RICRWR	Round White Rice (Italy) 25kg	Rice				
RIDBBPR25	Dry Basmati Brown Rice 2% (PKT) 25kg	Rice				
RIDBWRP25	Dry Basmati White Rice 2% (PKT) 25kg	Rice				
RIDLGBPR25	Dry LG Brown Rice 5% (PKT) 25kg	Rice				
RIDLGWPR25	Dry LG White Rice 5% (PKT) 25kg	Rice				
RIJSB25	Jasmine Rice (25kg)	Rice				
RILGPP25	Parboiled LG White Rice 5% (PKT) 25kg	Rice				
RINBIM25	Nerone Black Rice (Italy) 25kg T1	Rice				
RIPBBPR25	Parboiled Basmati Brown Rice 2% (PKT) 25kg	Rice				
RIPBWPR25	Parboiled Basmati White Rice 2% (PKT) 25kg	Rice				
RIPLGBIM25	Parboiled LG Brown Rice (Italy) 25kg T1	Rice				
RIPLGBPR25	Parboiled LG Brown Rice 5% (PKT) 25kg	Rice				
RIPLGWIM25	Parboiled LG White Rice (Italy) 25kg T1	Rice				
RIRPRIM25	Parboiled Risotto Rice (Ribe) (Italy) 25kg T1	Rice				
RIRRIP25	Risotto Rice (Ribe) Non Parboiled (Italy) 25kg	Pasta				
RISELSUSHI	White Selenio Sushi Rice (Italy) 25kg	Rice				
RIWSSIM25	White Selenio Sushi Rice (Italy) 25kg T1	Rice				

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
XFSP04	Pre-cooked Pearl Spelt 25kg	Grains	13,96	7,91	346	5
XFSP09	Pre-cooked Pearl Spelt 1000kg	Pasta				
XGMP04	Millet 25kg	Grains				
XQRX04	Red Quinoa 25kg	Grains	12	8	374	4
XQWX04	White Quinoa 25kg	Grains	13,8	8,2	369	5
XSWWSC44	Spelt Wheat in Salted Water (24x185g)	Grains				
54-12661707	Lasagne Sheets 130x220mm 6kg	Pasta	12,2	2,8	354	4
54-12711505	Lasagne Sheets 160x80mm 5kg	Pasta	12,2	2,8	354	4
ONWWCB7	Wholewheat Noodles Medium 7kg	Pasta				
PAST050	Free Range Egg Gobetti 3x5kg	Pasta	14	2,7	369	4
PB101D3	Fusilloni 5kg	Pasta	12	2,9	353	4
PB108D3	Paccheri 5kg	Pasta	12	2,9	353	4
PB114D3	Pappardelle 5kg	Pasta				
PB124D1	Mafaldine (12x1kg)	Pasta				
PB124D3	Mafaldine 13kg	Pasta	12	2,9	353	4
PB124D4	Mafaldine (14x1kg)	Pasta				
PF005D5	Orzo 3x5kg	Pasta	12	3	366	4
PF009D5	Bucatini 3x5kg	Pasta	12	3	366	4
ZP404F5	Spaghetti (Gluten Free) 2x2.5kg	Pasta				

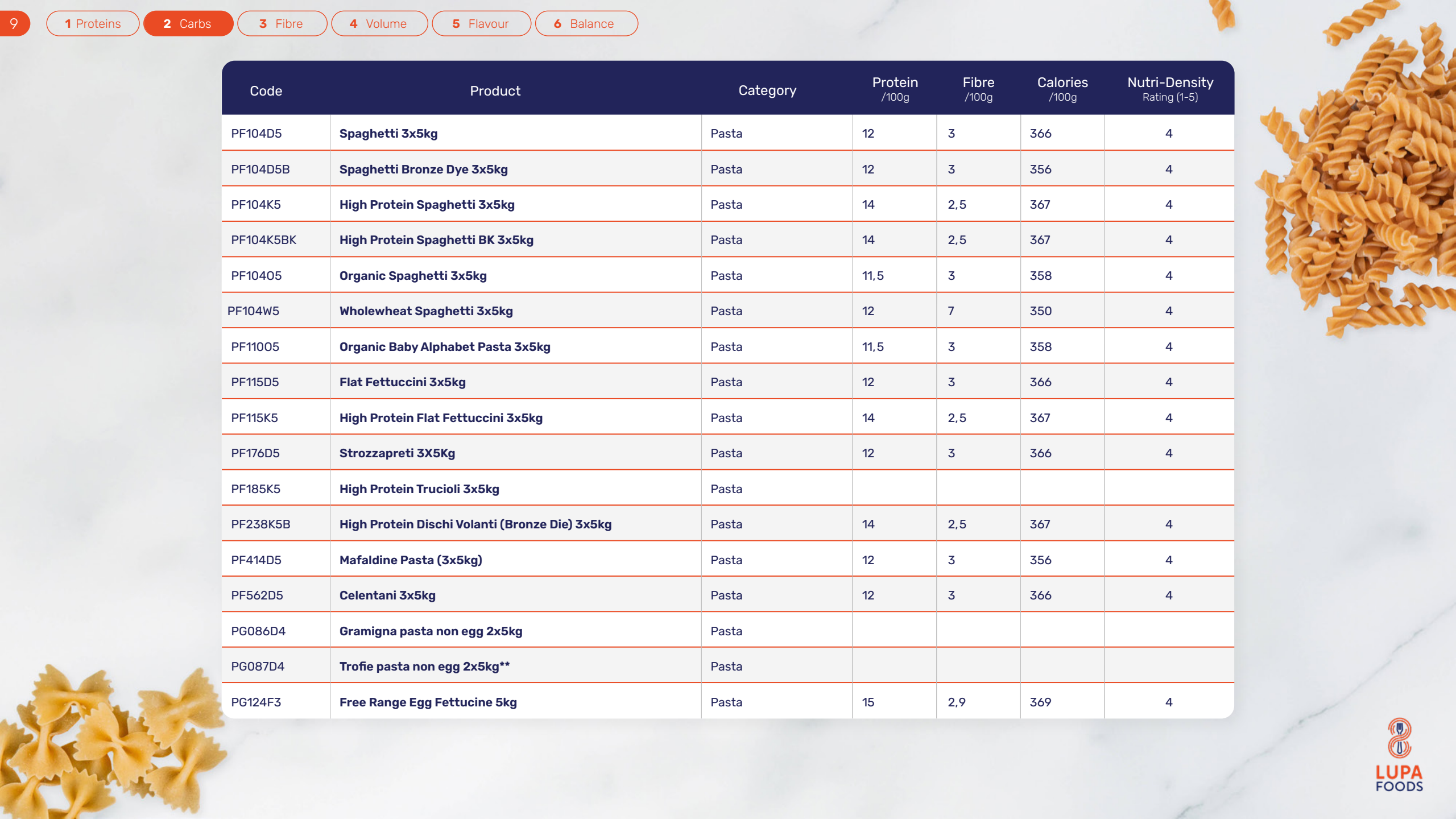


Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
PF011D5	Piombi 3x5kg	Pasta	12	3	366	4
QD036P4	Pasta Pumpkin Fusilli (2x5kg)	Pasta				
PF013D5	Linguine 3x5kg	Pasta	12	3	366	4
PF013K5	High Protein Linguine 3x5kg	Pasta	14	2,5	367	4
PF013W5	Wholewheat Linguine 3x5kg	Pasta	12	7	350	4
PF016D5	Ditalini Rigati 3x5kg	Pasta	12	3	356	4
PF018D5	Ditali Rigati 3x5kg	Pasta	12	3	366	4
PF024D10	Fagioli Macaroni 1x10kg	Pasta	12	3	356	4
PF024D5	Fagioli Macaroni 3x5kg	Pasta	12	3	366	4
PF025D10	Macaroni Coupe Lisci 1x10kg	Pasta				
PF025D5	Macaroni Coupe Lisci 3x5kg	Pasta	12	3	366	4
PF026D5	Sedani Rigati 3x5kg	Pasta	12	3	366	4
PF032D5	Chifferi Rigati 3x5kg	Pasta	12	3	366	4
PF032K5	High Protein Chifferi 3x5kg	Pasta				
PF033D5	Pipette Rigate 3x5kg	Pasta	12	3	356	4
PF034D5	Gomiti Rigati 3x5kg	Pasta	12	3	366	4
PF035D5	Pipe Rigati 3x5kg	Pasta	12	3	356	4
PF037D10	Large Conch Shell 1x10kg	Pasta	12	3	356	4
PF037D5	Large Conch Shell 3x5kg	Pasta	12	3	366	4

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
PF038D5	Cappe Shells 3x5kg	Pasta	12	3	366	4
PF043D10	Pennette Rigate 1X10kg	Pasta	12	3	356	4
PF043D5	Pennette Rigate 3x5kg	Pasta	12	3	366	4
PF044D10	Penne Rigate 1x10kg	Pasta	12	3	356	4
PF044D5	Penne Rigate 3x5kg	Pasta	12	3	366	4
PF016D5	High Protein Penne Rigate 3x5kg	Pasta	14	2,5	367	4
PF04403	Organic Penne Rigate 4x3kg	Pasta	11,5	3	358	4
PF04403W	Organic Wholewheat Penne Rigate 4x3kg	Pasta	12	7	350	4
PF044W5	Wholewheat Penne Rigate 3x5kg	Pasta	12	7	350	4
PF045D10	Penne Rigate Corte 1x10kg	Pasta	12	3	356	4
PF045D5	Penne Rigate Corte 3x5kg	Pasta	12	3	366	4
PF045W5	Wholewheat Penne Rigate Corte 3x5kg	Pasta	12	7	350	4
PF047K10	High Protein Tortigli 1x10kg	Pasta	14	2,5	367	4
PF047K5	High Protein Tortigli 3x5kg	Pasta	14	2,5	367	4
PF048D5	Tortiglioni 3x5kg	Pasta	12	3	366	4
PG125F3	Free Range Egg Pappardelle 5kg	Pasta	15	2,9	369	4
PF048K5	High Protein Tortiglioni 3x5kg	Pasta	14	2,5	367	4
PF048W5	Wholewheat Tortiglioni 3x5kg	Pasta	12	7	350	4
PF054D10	Farfalle 1x10kg	Pasta	12	3	356	4



Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
PF054D5G0	Farfalle 3x5kg	Pasta				
PF057K5	High Protein Fusilli 3x5kg	Pasta	14	2,5	367	4
PF060D5	Fusilli Twists 3x5kg	Pasta	12	3	366	4
PF06003	Organic Fusilli 4x3kg	Pasta	11,5	3	358	4
PF06003W	Organic Wholewheat Fusilli 4x3kg	Pasta	12	7	350	4
PF060Q5	Quick Cook Fusilli 3X5kg R	Pasta	12	7	350	4
PF060W5	Wholewheat Fusilli 3x5kg	Pasta	12	3	356	4
PF06105	Organic Torti 3x5kg	Pasta	11	5,5	350	4
PF064D4B	Mezze Maniche 2x5kg Bronze Die	Pasta	12	3	356	4
PF066D5	Coquillettes 3x5kg	Pasta	12	3	366	4
PF068D5	Gemelli 3x5kg	Pasta	12	3	366	4
PF069D5	Cavatelli 3x5kg	Pasta	12	3	366	
PF075K5B	High Protein Bronze Riccioli 3x5kg	Pasta	14	2,5	367	4
PF077D5	Torchietti 3x5kg	Pasta	12	3	356	4
PF077W5	Torchietti Wholewheat 3x5kg	Pasta				
PF081D5	Sedanini Rigati 3x5kg	Pasta	12	3	366	4
PF081K5	High Protein Sedanini Rigati 3x5kg	Pasta				
PF084D5	Chifferetti Rigati 3x5kg	Pasta	12	3	366	4
PF104D3B	Spaghetti Bronze Dye 1X5kg	Pasta				



Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
PF104D5	Spaghetti 3x5kg	Pasta	12	3	366	4
PF104D5B	Spaghetti Bronze Dye 3x5kg	Pasta	12	3	356	4
PF104K5	High Protein Spaghetti 3x5kg	Pasta	14	2,5	367	4
PF104K5BK	High Protein Spaghetti BK 3x5kg	Pasta	14	2,5	367	4
PF104O5	Organic Spaghetti 3x5kg	Pasta	11,5	3	358	4
PF104W5	Wholewheat Spaghetti 3x5kg	Pasta	12	7	350	4
PF110O5	Organic Baby Alphabet Pasta 3x5kg	Pasta	11,5	3	358	4
PF115D5	Flat Fettuccini 3x5kg	Pasta	12	3	366	4
PF115K5	High Protein Flat Fettuccini 3x5kg	Pasta	14	2,5	367	4
PF176D5	Strozzapreti 3X5Kg	Pasta	12	3	366	4
PF185K5	High Protein Trucioli 3x5kg	Pasta				
PF238K5B	High Protein Dischi Volanti (Bronze Die) 3x5kg	Pasta	14	2,5	367	4
PF414D5	Mafaldine Pasta (3x5kg)	Pasta	12	3	356	4
PF562D5	Celentani 3x5kg	Pasta	12	3	366	4
PG086D4	Gramigna pasta non egg 2x5kg	Pasta				
PG087D4	Trofie pasta non egg 2x5kg**	Pasta				
PG124F3	Free Range Egg Fettucine 5kg	Pasta	15	2,9	369	4

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FIBRE BOOSTERS

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
XQBX04	Black Quinoa 25kg	Grains	11,9	8,2	358	5
VEGE238	Diced Beetroot 12mm 4x2.45kg	Preserved Vegetables	0,77	1,7	38	5
VEGE500	Quartered Artichoke Hearts 6x2.5kg	Preserved Vegetables	1,2	3	141	4
VEGE532	Sauerkraut with Wine 10L	Preserved Vegetables	1,3	2,6	34	5
158-10024	Black Turtle Beans 25kg	Pulses	21,6	15,5	341	5
158-10099	Canadian Pinto Beans (40x25kg)	Pulses				
PULS077	Red Kidney Beans in Water 6x3kg	Pulses				
VBWDI15	Black Eye Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VBLWDI15	Black Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VBOWDI15	Borlotti Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VPIWDI15	Pinto Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VPRW36DW	White Haricot Beans in Water 6x2.6kg (1.7kg NDW)	Pulses	7,5	5	105	5
VQCW36B	Borlotti Beans in Water (No Salt) 6x2.6kg (1.7kg NDW)	Pulses				
VQCW36DW	Borlotti Beans in Water 6x2.6kg (1.7kg NDW)	Pulses	6,7	5,5	106	5
VQNW36DW	Red Kidney Beans (No Salt) 6x2.6kg (1.7kg NDW)	Pulses	5,4	5,4	98	5
VQPW36DW	Pinto Beans in Water (No Salt) 6x2.6kg (1.7kg NDW)	Pulses	7	5,5	127	5
VQVW36DW	Black Beans in Water (No Salt) 6x2.6kg (1.7kg NDW)	Pulses	6	6,9	107	5

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
VQZW36DW	Black Eye Beans in Water 6x2.6kg (1.7kg NDW)	Pulses	8,1	3,6	113	5
VRKWDI15	Red Kidney Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				
VWHBDI15	White Haricot Beans BR 6x2.5kg (1.7kg NDW)	Pulses				
VWHWDI15	White Haricot Beans in Water 6x2.5kg (1.7kg NDW) CL	Pulses				



4 VOLUME BUILDERS

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
TCIP36B	Cherry Tomatoes (Italy) 6x2.5kg	Tomato				
TCSII210	Italian Semi concentrate 12/14 M&S (CRUSH) (210KG)	Tomato	2,76	3,9	53	5
TDII215	Chopped Tomatoes (Italy / M&S) 210kg	Tomato	1,4	1,3	25	5
TDIS215	Chopped Tomatoes (Italy / M&S) 215kg	Tomato				
TDSA20	Chopped Tomatoes (Spain) 20kg	Tomato				
TDSS215	Chopped Tomatoes 15mm (Portugal / M&S) 215kg	Tomato	1,1	1,3	26	5
TDSX03	Diced Tomatoes 14mm (Spain / M&S) 20kg	Tomato	1,4	1,1	22	5
TOMS300	Diced Tomatoes 15mm 20kg	Tomato				
TOMS402	San Marzano Plum Tomatoes (Italy) 6 x 2.5kg	Tomato	1,3	1,3	28	5
TPEP20	Tomato Polpa (Egypt) BIB 20kg	Tomato				
TPEP220	Tomato Polpa (Egypt) Drum 220kg	Tomato				
TPIC01	Polpa di Pomodoro - Crushed Tomatoes (Italy) 10kg	Tomato	1,49	0,8	29	5
TPIC02	Polpa di Pomodoro - Crushed Tomatoes (Italy / M&S) 15kg	Tomato	1,49	0,8	29	5
TPIC08K	Polpa di Pomodoro - Crushed tomatoes (Italy) 210kg	Tomato	1,49	0,8	29	5
TPIC52	Polpa di Pomodoro - Crushed Tomatoes (Italy) 2x5kg	Tomato	1,49	0,8	29	5
TPIS210	Polpa da Lungo M&S (210kg)	Tomato				
TPLIC210	Long Tomato Pulp (210kg)	Tomato				

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
TPSP240	Crushed Tomato 14/16 Brix (225kg)	Tomato				
TSEP235	Tomato Passata 8/10 (Egypt) 235KG	Tomato				
TSIC08	Tomato Passata 8/10 (Italy / M&S) 210kg	Tomato	1,7	1,3	99	4
TSIX01	Tomato Passata (Italy / M&S) 10kg	Tomato	1,7	1,3	23	5
TSIX52	Tomato Passata 8/10 (Italy) 2x5kg	Tomato	1,7	1,3	99	4
TSSX03	Tomato Passata 8/10 (Spain) 20kg	Tomato	1,9	2,5	31	5
TWIC37	Peeled Plum Tomato (Italy / M&S) 6x2.5kg	Tomato	1,5	1,1	21	5
WQTC17	Sun-dried Tomato Sauce 5x2.5kg	Tomato	2,7	6	233	4
WQTC36	Sundried Tomato Sauce 6x2.6kg	Tomato	2,7	6	233	4
WQTC36B	Sun-dried Tomato Sauce 6x2.6kg	Tomato	2,7	6	233	4
TCEP20	Tomato Paste 28/30 CB (Egypt) BIB 20KG	Tomato	4	0,7	109	4
TCEP20KG	Tomato Paste 28/30 CB (Egypt) BIB 20kg	Tomato	4	0,7	109	4
TCEP20S	Tomato Paste 28/30 CB (Egypt) Summer BIB 20KG	Tomato	4	0,7	109	4
TCEP235	Tomato Paste 28/30 CB (Egypt) 245kg	Tomato	4	0,7	109	4
TCEP235S	Tomato Paste 28/30 CB (Egypt) Summer 245kg	Tomato	4	0,7	109	4
TCEP3620	Tomato Paste 36/38 (Egypt) 20kg	Tomato				
TCETP20KG	Tomato Paste 36/38 (Egypt) 20kg	Tomato	5	0,9	114	4
TCETP20S	Tomato Paste 36/38 (Egypt) Summer 20kg	Tomato	5	0,9	114	4
TCETP245S	Tomato Paste 36/38 CB (Egypt) Summer 245kg	Tomato	5	0,9	114	4



Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
TCII210	Italian Tomato Paste 28/30cb M&S (225kg)	Tomato	4,7	3,5	111	5
TCIS210	Italian Tomato Paste 28/30cb M&S (210kg)	Tomato				
TCSD01	Tomato Paste 28/30 (Spain) 20kg	Tomato	5,1	5,5	84	5
TCSS21	Tomato Paste 28/30 CB (Portugal / M&S) 21kg	Tomato	4	3,3	96	5
TCSTA20	Tomato Paste 36/38CB BIB 20kg	Tomato				
TCTK230A	Tomato Paste 36/38 CB (Turkey) 230kg	Tomato	4,94	5	129	5



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FLAVOUR COMPRESSORS

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
157-1011	Basil Dried 10kg	Seasoning	14,4	0	256	5
157-1119	Birds Eye Chillies Whole HT 12.5kg (210KG)	Seasoning	12,3	0	350	4
157-1397CWF	Garlic Powder 10x1kg	Seasoning				
157-1454AT	Ground Turmeric Gold 25kg	Seasoning	7,8	0	337	4
157-1672	Pepper White Ground HT 25kg	Seasoning	12,1	0	289	4
157-2110	Chilli Powder HT 25kg	Seasoning				
157-2157	Cumin Ground HT 25kg	Seasoning	17,8	0	427	4
157-2158	Coriander Ground HT 25kg	Seasoning	12,4	0	345	4
157-2294	Paprika Ground HT 25kg	Seasoning	14,7	0	323	4
157-2826	Paprika Smoked Ground HT	Seasoning	14,7	0	323	4
157-6043	Black Pepper Cracked 12 Mesh HT 25kg	Seasoning	12,8	0	287	4
190-CFS/1	Light Soy Sauce (Caramel Free) 25kg	Condiments	0,1	0	69	3
190-EPY/GF1	Red Miso Paste Gluten Free 20kg	Condiments	7,9	4,7	800	3
190-TGF/1AT	Tamari Gluten-Free Soy Sauce 25kg	Condiments				
207-01500BAX	Blue Stilton Crumb 8kg	Dairy	22,73	0,5	404	5
207-01525	Blue Stilton Crumb / Crust Mix 10kg	Dairy	22,43	0,5	415	5
20-NYC020KZ	Reduced Fat Greek Yoghurt 2x10kg	Dairy	7,2	0	99	5




Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
215-BIOYOG	Low Fat 1% Natural Yoghurt 10kg	Dairy	4,2	0	51	5
82-BV25	Balsamic Vinegar 6% Coloured 25L	Vinegars	1	0	82	3
82-MIRIN14%	Mirin 14% ABV 18L	Beverages	1	0	242	3
82-WWV25	White Wine Vinegar 6% Acidity 25L	Vinegars	0,4	0	22	3
FAPV01	Anchovy Paste 4x800g	Meat And Fish	16,9	1,1	153	5
IDFF25	Fennel Seeds HT 25kg	Seasoning	15,8	0	327	4
IDOC010	Crispy Onion Sachets 500x10g	Preserved Vegetables				
IDOC014	Crispy Onion Sachets 1000x14g	Preserved Vegetables				
OOV009	Extra Virgin Olive Oil (Organic) 1000L	Oil	0	0	900	3
OOVX09Y	Extra Virgin Olive Oil 1000L	Oil	0	0	900	3
OOVX53Y	Extra Virgin Olive Oil 3x5L	Oil	0	0	900	3
PIQUILLOBE	Piquillo Pepper Strips 3x2.5kg	Preserved Vegetables	1,2	1,5	32	5
PIQUILLOBE1	Piquillo Pepper Strips 6x2.5kg	Preserved Vegetables	4	0,7	109	4
VCBF02	Caper in Brine 8.5L	Preserved Vegetables	1,9	3,1	34	5
VCBN02	Nompareil Caper in Brine 8.5L	Preserved Vegetables	1,9	3,1	34	5
VEGE161	Caper in Vinegar 8.5L	Preserved Vegetables	1,9	3,1	34	5
TCETP20KG	Diced Roasted Red Peppers 10mm 6x2.5kg (1.65kg NDW)	Preserved Vegetables	0,7	1,2	22	5
VEGE200	Cubed Diced Gherkins 10mm 10L (6.5kg NDW)	Preserved Vegetables	0,6	1	22	5
VEGE587	Whole Red Peppers (Flame Grilled) 6x2.5kg	Preserved Vegetables	0,7	1,2	22	5

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
VEGE627	Cubed Diced Gherkins 8mm 14kg/15L (9.75kg NDW)	Preserved Vegetables	0,6	1,3	21	5
VEGE683	Sliced Dill Gherkins 2.45kg	Preserved Vegetables	1,1	0,9	61	4
VEGE941	Cubed Diced Gherkins 3.2mm 15Ltr	Preserved Vegetables	0,6	1,3	14	5
VGCE48	Cocktail Gherkin (Cornichon) (2x2.4kg)	Preserved Vegetables				
VLGD51	Diced Gherkins 3x4.1kg (3kg NDW)	Preserved Vegetables	0,9	0,36	17	5
VOBP41	Pitted Taggiasca Olives in Brine 7kg (4kg NDW)	Preserved Vegetables	1	3	174	3
VOBP56M	Black Pitted Olives 6x3.1kg	Preserved Vegetables				
VOGP56M	Green Pitted Olives 6x3.1kg	Preserved Vegetables	1,1	4	167	4
VOGS56M	Sliced Green Olives 6x3.1kg	Preserved Vegetables	1,1	4	167	4
VPPSPE15	Peruvian Piquillo Peppers Strips (1.9KG d.w.) (6X2.5KG)	Preserved Vegetables	0	0	900	3
VSCX46Z	Chipotle Peppers in Adobo Sauce 6x2.8kg	Preserved Vegetables	0,4	0,3	20	4
VSDPII3	Sweet Drop Peppers 3kg (1.2kg NDW)	Preserved Vegetables	0,64	0	72	3
VSJD46B	Diced Jalapeno Peppers in Brine 6x2.8kg	Preserved Vegetables	0,51	1,23	13,57	5
VSJS46B	Nacho Sliced Jalapeno Peppers 6x2.8kg	Preserved Vegetables	0,51	1,23	13,57	5
VSRS46	Nacho Sliced Red Jalapeno Peppers 6x2.8kg	Preserved Vegetables	0,51	1,23	13,57	5
WMDG12	Dry Porcini Mushroom Granules 12kg	Seasoning	44	28	353	5
WVB252	Balsamic Vinegar of Modena 2* (Caramel Free) 2x5L	Vinegars	1	0	70	3
WVBC52	Balsamic Vinegar of Modena 4* (Caramel Free) 2x5L	Vinegars	1	0	82	3
WVRX52	Red Wine Vinegar 2x5L	Vinegars	0	0	19	3

Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
WVWX52	White Wine Vinegar 6% Acidity 2x5L	Vinegars	0	0	19	3
ZFVT17	Natural Truffle Flavouring 1kg	Seasoning	0	0	808,5	3
TCEP20	Tomato Paste 28/30 CB (Egypt) BIB 20KG	Tomato	4	0,7	109	4
TCEP20KG	Tomato Paste 28/30 CB (Egypt) BIB 20kg	Tomato	4	0,7	109	4
TCEP20S	Tomato Paste 28/30 CB (Egypt) Summer BIB 20KG	Tomato	4	0,7	109	4
TCEP235	Tomato Paste 28/30 CB (Egypt) 245kg	Tomato	4	0,7	109	4
TCEP235S	Tomato Paste 28/30 CB (Egypt) Summer 245kg	Tomato	4	0,7	109	4
TCEP3620	Tomato Paste 36/38 (Egypt) 20kg	Tomato				
TCETP20KG	Tomato Paste 36/38 (Egypt) 20kg	Tomato	5	0,9	114	4
TCETP20S	Tomato Paste 36/38 (Egypt) Summer 20kg	Tomato	5	0,9	114	4
TCETP245S	Tomato Paste 36/38 CB (Egypt) Summer 245kg	Tomato	5	0,9	114	4
TCII210	Italian Tomato Paste 28/30cb M&S (225kg)	Tomato	4,7	3,5	111	5
TCIS210	Italian Tomato Paste 28/30cb M&S (210kg)	Tomato				
TCSD01	Tomato Paste 28/30 (Spain) 20kg	Tomato	5,1	5,5	84	5
TCSS21	Tomato Paste 28/30 CB (Portugal / M&S) 21kg	Tomato	4	3,3	96	5
TCSTA20	Tomato Paste 36/38CB BIB 20kg	Tomato				
TCTK230A	Tomato Paste 36/38 CB (Turkey) 230kg	Tomato	4,94	5	129	5



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SWEETNESS BALANCER



Code	Product	Category	Protein /100g	Fibre /100g	Calories /100g	Nutri-Density Rating (1-5)
167-DLH032	Honey Polyflora Blossom 6.35kg	Bakery	0,4	0	288	3
ILASD250	Organic Agave Syrup 25kg - DLOS009	Bakery	0	5,8	297	3
ILBHD25	Blossom Honey (25kg)	Bakery	0,4	1,2	288	3
179-SDTP15KG	Sun-dried Tomato Paste 15kg	Tomato	3,5	2,5	320	3
EK0103MT1D	IQF Slow Roasted Marinated Diced Tomatoes 10x10mm 10kg	Tomato	2,5	1,2	103	4
TXWV01	Sun-dried Tomatoes in Oil 6x1.85kg (1.48kg NDW)	Tomato	2	3,3	224	3
TXWV24L	Semi-dried Tomatoes in Lemon Oil 4x2kg	Tomato	2,95	2,66	155,3	4
TXWV24Z	Semi-dried Tomato Slices in Sunflower Oil 4x2kg	Tomato	3,2	4,3	200,5	4



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